

FAMILY CHALLENGE

Prayer

Learn a new family prayer together and decide when to pray it. If you can, write your own family prayer where everyone contributes a piece.

Mass

Spend some time reading the readings together before coming to Mass and talk about them as a family.

Sacraments

Confession, the beautiful experience of God's radical mercy and love is offered Thursday's from 5:30pm to 6:30pm and Saturday's from 4:00pm to 5:00pm.

Church As One

Advent and Lent are great seasons for our community to come together. Be sure to check in on the Bulletin and The Crown to come to a parish event outside of Mass.

For questions:

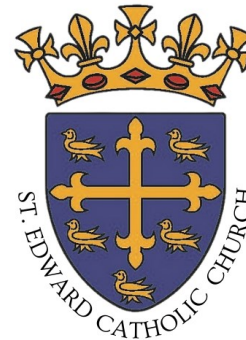
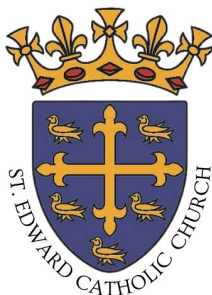
Annette O'Driscoll: Director / aodriscoll@saintedward.org

Eileen Hubbard: PreK - 5th / ehubbard@saintedward.org

Erin Myler: 6th - 12th / emyler@saintedward.org

Matthew Crews: Adults / mcrews@saintedward.org

Jessica Wanke: Wed. Family / jwanke@saintedward.org



Sunday Family Guide

Dec. 10 - Jan. 21

For a full list of resources, including textbook pages and videos, please visit www.saintedward.org/formation



Prayer

Prayer is turning the heart toward God. We pray because we are full of an infinite longing and God has created us men for himself: "Our hearts are restless until they rest in you" (St. Augustine). He is always there for us. He seeks us before we seek him; he yearns for us, he calls us, and prayer is our response back.

YouCat 469-470 / CCC: 2590 - 2597

To Discuss at Home:

Go around and talk about the different ways everyone likes to pray (or if you don't know, start experimenting!)

Praying the same prayer together is always great, but we should also find our own ways to pray as well.

Sacraments

A Sacrament is effective of itself, however, to be fruitful it must be accepted in faith. Sacraments not only presuppose faith, they also strengthen it and give expression to it. The sacraments are the visible signs of the invisible realities of God's love for us.

YouCat 173-4 & 177 / CCC: 1275 -1284

To Discuss at Home:

Can you think of some other invisible signs of God's love? What are ways in which you love each other as family members both visibly and invisibly?

Mass

Since Sunday is an Easter celebration that occurs each week, Christians from the earliest times have gathered together on that day to celebrate and thank their Redeemer and to reunite themselves with him and with others who are redeemed. Holy Eucharist is the Sacrament in which Jesus Christ gives his Body and Blood—himself— for us, so that we too might give ourselves to him in love and be united with him in Holy Communion.

YouCat 365 & 208 / CCC: 2189 - 2195

To Discuss at Home:

Go around and share your First Eucharist experiences (show a picture if you have any!). Talk about what happens at Mass through your senses - what do you see, feel, hear, taste, and smell!

Church As One

Christian unity is the business of all Christians, regardless of how young or old they are. Unity was one of Jesus' most important concerns. He prayed to the Father, "That they may all be one ... so that the world may believe that you have sent me" (Jn 17:21). Just as there is only one Christ, there can be only one Body of Christ, only one Bride of Christ, and therefore only one Church of Jesus Christ.

YouCat 131 & 129 / CCC: 866 - 870

To Discuss at Home:

Name the different communities everyone is a part of whether that be school, work, sports, hobbies, etc. and see where Church fits in. St. Edward's is here to be your parish community - what is one way everyone can get involved?